

2022 – 2023
OREGON
beyond
ALL LIMITS
HOSA - Future Health Professionals

OREGON HOSA STATE LEADERSHIP CONFERENCE
March 16 – 18, 2023

State Leadership Conference



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State President

WESTVIEW HIGH SCHOOL

FABLIHA MALIYAT

President-Elect

WESTVIEW HIGH SCHOOL

NAMRATA VENKATESAN

Vice President of Communication

JESUIT HIGH SCHOOL

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2022-2023



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THANK YOU!

Thank you for making the Oregon HOSA State Leadership Conference possible:

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HOSA – Future Health Professionals

Holiday Inn Portland-Columbia
Riverfront
TEAMTRI
Judges, Exhibitors, Sponsors, Guests,
and Volunteers

State Leadership Conference

HOSA RECOGNITION

Past Outstanding State Leader

2020-2021 **SRILAASYA YENDURI**, SUNSET HIGH SCHOOL
2019-2020 **RUSHI SURAMPUDI** WESTVIEW HIGH SCHOOL
2018-2019 **SILKE KATTERLE** TUALATIN HIGH SCHOOL
2017-2018 **ALINA SALAGEAN** UNIVERSITY OF OREGON
2016-2017 **LEANA TRUONG** PORTLAND STATE UNIVERSITY
2015-2016 **EVANGELINE MATLEY** BENSON HIGH SCHOOL
2014-2015 **TESSA EKSTROM** PORTLAND STATE UNIVERSITY
2013-2014 **WILLIAM JAMES** OREGON STATE UNIVERSITY
2012-2013 **WILLIAM JAMES** SANDY HIGH SCHOOL

National Health Science Honor Roll Recipients 2023

Anna	Sorokina	Beaverton Academy of Science and Engineering
Thien-Mai	Nguyen	Beaverton Academy of Science and Engineering
Ammar	Fahim	Beaverton Academy of Science and Engineering
Priya	Gadhe	Beaverton Academy of Science and Engineering
Kaitlyn	Samuel	Beaverton Academy of Science and Engineering
Noelle	Mortensen	Beaverton Academy of Science and Engineering
Sophie	Wang	Beaverton Academy of Science and Engineering
Aarushi	Anand	Beaverton Academy of Science & Engineering
Lily	Gable	Beaverton Academy of Science and Engineering
Selina	Uehara	Beaverton Academy of Science and Engineering
Soren	Atwood	Beaverton Academy of Science and Engineering
Aleksandra	Vitruk	Beaverton Academy of Science and Engineering
Christopher	Mathews	Beaverton Academy of Science and Engineering
Aarushi	Donkena	Beaverton Health & Science School

DRESS CODE

Students must dress appropriately following school dress code guidelines. Remember, conference delegate attire should be proper and appropriate since it reflects directly upon the State Association and National HOSA.

HOSA Official Uniform OR Professional Attire required for all competitions and workshops, unless otherwise stated in competitive event guidelines. **HOSA Casual** includes longer-length shorts (no short-shorts), neat jeans (no holes showing skin), polo shirts, sweatshirts, HOSA or appropriate T-shirt and casual footwear.

HOSA TRADITIONS

Purpose The purpose of the HOSA organization is to develop leadership and technical HOSA skill competencies through a program of motivation, awareness and recognition, which is an integral part of the Health Science Education instructional program.

Mission The mission of HOSA is to enhance the delivery of compassionate, quality health care by providing opportunities for knowledge, skill, and leadership development of all health science education students, therefore, helping the student meet the needs of the health care community.

Goals The goals that HOSA believes are vital to each member are:

- ▽ To promote physical, mental and social well-being.
- ▽ To develop effective leadership qualities and skills.
- ▽ To develop the ability to communicate more effectively with people.
- ▽ To develop character.
- ▽ To develop responsible citizenship traits.
- ▽ To understand the importance of pleasing oneself as well as being of service to others.
- ▽ To build self-confidence and pride in one's work.
- ▽ To make realistic career choices and seek successful employment in the health care field.
- ▽ To develop an understanding of the importance in interacting and cooperating with other students and organizations.
- ▽ To encourage individual and group achievement.
- ▽ To develop an understanding of current health care issues, environmental concerns, and survival needs of the community, the nation and the world.
- ▽ To encourage involvement in local, state and national health care and education projects.
- ▽ To support Health Science Education instructional objectives.
- ▽ To promote career opportunities in health care.



CONFERENCE SCHEDULE

THURSDAY | MARCH 16, 2023

ALL DAY	Conference Headquarters	PRESIDENTIAL SUITE 206
12:00 PM – 2:00 PM	REGISTRATION	GRAND PREFUNCTION
2:00 PM – 3:00 PM	JUDGES ORIENTATION	SALON 1
4:30 PM – 5:30 PM	ADVISOR MEETING	SALON 1
3:00 PM – 6:30 PM	COMPETITIVE EVENTS <i>Plan to check-in 15 minutes prior to your appointment time. The Holding Room to check-in will be WASHINGTON.</i>	
	Dental Science	PENDLETON
	Exploring Medical Innovation	PETTYGROVE
	Family Medicine Physician	LOVEJOY
	Job Seeking Skills	GLISAN
	Health Career Photography	WEYERHAEUSER
	Healthy Lifestyle (MS/SS)	GLISAN
	Prepared Speaking	FLANDERS
	Health Education (MS/SS)	PETTYGROVE
	Medical Assisting – Section 1	WHITE STAG
	Medical Assisting – Section 2	CROWN ZELLERBACH
	Mental Health Promotion	JANTZEN
	Public Service Announcement	JANTZEN
	Public Health (MS/SS)	JANTZEN
	Research Poster	OVERTON
7:00 PM – 8:30 PM <i>Doors Open 6:30 PM</i>	OPENING SESSION State Officer Program Keynote	MT ST HELEN'S BALLROOM
	HOSA OPENING SESSION State Officer Program Candidate Speeches	MT ST HELEN'S BALLROOM
11:00 PM	Curfew	

FRIDAY | MARCH 17, 2023

ALL DAY	Conference Headquarters	PRESIDENTIAL SUITE 206
7:00 AM – 8:00 AM	JUDGES ORIENTATION	SALON 1
8:00 AM – 2:00 PM	EXHIBITORS	MT ST HELEN'S BALLROOM HALLWAY
8:00 AM – 12:00 PM	COMPETITIVE EVENTS	
	<i>Plan to check-in 15 minutes prior to your appointment time. The Holding Room to check-in will be WASHINGTON.</i>	
	CERT Skills	CROWN ZELLERBACH
	Clinical Laboratory Science	WEYERHAEUSER
	CPR/First Aid	CLARK
	Community Awareness	PENDLETON
	Creative Problem Solving - Prep	MULTNOMAH
	Creative Problem Solving – Compete	PENDLETON
	Emergency Medical Technician	WHITE STAG
	Extemporaneous Writing	MULTNOMAH
	Health Career Display	CLACKAMAS
	Home Health Aide	LOVEJOY
	Life Support Skills	CLARK
	Life Threatening Situations – Section 1	CROWN ZELLERBACH
	Life Threatening Situations – Section 2	WHITE STAG
	Nursing Assisting – Section 1	OVERTON
	Nursing Assisting – Section 2	PETTYGROVE
	Nursing Assisting – Section 3	LOVEJOY
	Pharmacy Science	WEYERHAUSER
	Physical Therapy	JANTZEN
	Sports Medicine – Section 1	GLISAN
	Sports Medicine – Section 2	FLANDERS
	EDUCATIONAL SYMPOSIUM SESSIONS	
9:00 AM –10:00 AM	Hang Up and Drive	SALON 3
10:00 AM –11:00 AM	Hang Up and Drive	SALON 3
11:00 AM –12:00 PM	Unleash the Power of Success	SALON 3
11:00 AM – 12:30 PM	JUDGES ORIENTATION	SALON 1
12:00 PM	LUNCH ON YOUR OWN	
	EDUCATIONAL SYMPOSIUM SESSIONS	
1:00 PM – 2:00 PM	Unleash the Power of Success	SALON 3
1:00 PM – 2:00 PM	Respiratory Care	SALON 4

1:00 PM – 4:00 PM

COMPETITIVE EVENTS

*Plan to check-in 15 minutes prior to your appointment time.
The Holding Room to check-in will be WASHINGTON.*

Biomedical Debate	CROWN ZELLERBACH
Biotechnology	OVERTON
Clinical Nursing	FLANDERS
Forensic Science – Crime Scene	WEYERHAUSER
Forensic Science – Written Conclusion	CLACKAMAS
HOSA Bowl - Compete	MULTNOMAH
HOSA Bowl – Winners Holding	WASHINGTON
Medical Spelling	CLARK
Veterinary Science	LOVEJOY

EDUCATIONAL SYMPOSIUM SESSIONS

2:00 PM – 3:00 PM	Be The Match	SALON 3
2:00 PM – 3:00 PM	The 5 Wonders – Finding Your Voice <i>Presented by FCCLA Officers</i>	SALON 4
3:00 PM – 4:00 PM	Building Bridges: Exploring the Benefits of Volunteering and Community Collaboration <i>Presented by HOSA Officers</i>	SALON 3

3:00 PM – 4:30 PM **BUSINESS MEETING** SALON 4

5:00 PM **COMPETITIVE EVENTS**

HOSA Bowl Finals & Consolation MULTNOMAH

4:30 PM – 7:00 PM **DINNER ON YOUR OWN / WITH YOUR CHAPTER**

7:00 PM – 9:00 PM **HYPNOSIS SHOW** MT ST HELEN'S BALLROOM

11:00 PM Curfew

SATURDAY | MARCH 18, 2023

10:30 AM – 1:00 PM **HOSA AWARDS SESSION** MT ST HELEN'S BALLROOM

KEYNOTE ADDRESS



In addition to being an Internationally Award-Winning Hypnotist and Magician, **Michael DeSchalit** is also a nationally recognized speaker, trainer and success strategy mindset coach. He has literally performed and presented to over one million students, teachers, and school administrators in over 25 states. His presentations are high energy and always filled with tons of powerful information, quick witted humor, and mind-blowing surprises!!!

"The Hypno Zone"

Michael is an Internationally Award-Winning Hypnotist who has performed all over the globe in Casinos, for corporate and School Events, and as a Las Vegas Headliner in not one but two shows, "Hypnomania" and "The House of Magic". He is ranked as one of the top hypnotists in the world and his show will have you laughing so hard your sides will hurt!!!

WORKSHOPS

Unleash the Power of Success

Presented by Michael DeSchalit

Imagine if you can have all the success you are wanting in life. In 60 minutes, Michael will teach you how to Unleash the Power of Success using your subconscious mind. Not only will you learn how to use your powerful imagination to properly set your life goals, but how to manifest them into a reality in your life. Who knows, we might even be able to use our collective super brain power to come together as One Association with an experiment that will Blow Your Minds!!!

Hang Up and Drive

Presented by Jacy and Steve

Jacy Good's life was nearly ended by a driver distracted by his phone. With her then boyfriend and now husband, Steve Johnson, they have devoted their lives to telling their story and making our roads safer. Sharing the perspectives of both a survivor and a caregiver, they detail their miraculous medical journey and path towards advocacy and impacting legislation on the distracted driving issue. Ms. Good has been featured in People Magazine as a "Hero Among Us" and profiled on CNN's "The Human Factor", among countless media appearances. They have given their Hang Up and Drive presentation in 43 states and at over 1,400 events since 2011.

Respiratory Care

Presented by Boise State University

Explore what Respiratory Care is. The educational path and career opportunities.

Be The Match

Presented by Be The Match/NMDP

When mission-driven organizations like HOSA and Be The Match partner together with a common purpose, magic happens—and anything is possible. This fun and interactive session will help you understand how Be The Match saves lives through cellular therapy, why matching blood stem cells is not the same as matching blood type, and what diseases can be treated by blood stem cell transplant. You'll also learn about multiple opportunities EVERYONE in your chapter to get involved and help save more lives.

Building Bridges: Exploring the Benefits of Volunteering and Community Collaboration

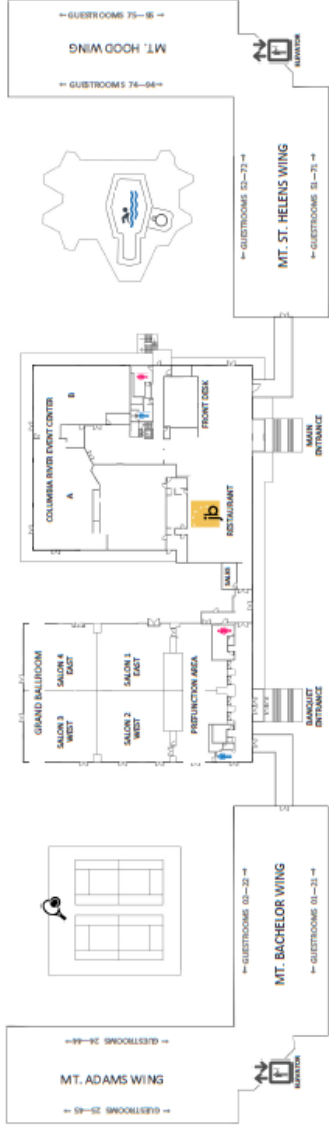
Presented by HOSA State Officers

This workshop aims to emphasize the importance of volunteering and community collaboration in building a sustainable and inclusive society. Participants will learn how to create effective partnerships and leverage resources to strengthen community engagement. The workshop will also highlight the benefits of volunteering, including personal and professional growth, as well as the positive impact on local communities.



HOLIDAY INN PORTLAND | COLUMBIA RIVERFRONT

LOBBY LEVEL—2ND FLOOR



LOWER LEVEL—1ST FLOOR



HOSA COMPETITIVE EVENTS

HEALTH SCIENCE EVENTS

Behavioral Health
Cultural Diversities & Disparities
Dental Terminology
Health Informatics
Human Growth & Development
Medical Law & Ethics
Medical Math
Medical Reading
Medical Spelling
Medical Terminology
Nutrition
Pathophysiology
Pharmacology

HEALTH PROFESSION EVENTS

Clinical Laboratory Science
Clinical Nursing
Dental Science
Family Medicine Physician
Home Health Aide
Medical Assisting
Nursing Assisting/Personal Care
Pharmacy Science
Physical Therapy
Sports Medicine
Veterinary Science

EMERGENCY PREPAREDNESS EVENTS

CPR/First Aid
Emergency Medical Technician
Epidemiology
Life Support Skills
Mental Health Promotion
MRC Partnership
Public Health

LEADERSHIP EVENTS

Extemporaneous Writing
Health Career Photography
Healthy Lifestyle
Job Seeking Skills
Prepared Speaking
Research Poster

TEAMWORK EVENTS

Biomedical Debate
Creative Problem Solving
Forensic Science
Health Career Display
Health Education
HOSA Bowl
Medical Innovation
Public Service Announcement

MIDDLE SCHOOL EVENTS

Dynamic Decisions
Exploring Medical Innovation
Extemporaneous Health Poster
Foundations of Medical Terminology
Foundations of Medical Reading
Foundations of Nutrition
Health Career Exploration
Health Career Display – MS
Health Career Preparation
Health Education
Healthy Lifestyle
Life Threatening Situations
Math for Health Careers
Prepared Speaking
Public Health

RECOGNITION EVENTS

Barbara James Service Award
Health Care Issues Exam
HOSA Happenings
HOSA Service Project

OREGON HOSA STATE RECOGNITION

National Health Science Honor Roll

OREGON HOSA CHAPTERS

Beaverton Academy of Science & Engineering
Benson High School
Blanchet Catholic School
Burns High School
Caldera High School
Century High School
Creswell High School
Creswell Middle School
David Douglas High School
Forest Grove High School
Glencoe High School
Henley High School
Jesuit High School
Lake Oswego High School

Lincoln High School
Mazama High School
Oregon Charter Academy
Sandy High School
South Medford High School
South Salem High School
Sprague High School
St John Fisher School
Sunset High School
Sutherlin High School
Tualatin High School
Westview High School
Willamette High School

HOSA 46th Annual International Leadership Conference



Don't miss out on the opportunity to compete and network with HOSA's top members...join us in DALLAS, TEXAS for the International Leadership Conference!

JUNE 21 – 24, 2023

Learn more at hosa.org/ilc

State Leadership Conference