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EVANGELINE MATLEY
State President
BENSON POLYTECHNIC HIGH SCHOOL



LEANA TRUONG
President-Elect
BEAVERTON HEALTH AND SCIENCE SCHOOL



MARIA GRAY
Vice President of Communications
OREGON STATE UNIVERSITY

WELCOME OREGON HOSA

On behalf of Oregon HOSA, it is my pleasure to welcome you to the 2016 Annual Oregon HOSA State Leadership Conference!

I am proud to be the State President of an organization that has a long-standing history of being on the forefront of extending leadership and academic opportunities to aspiring healthcare professionals and leaders all over Oregon.

I hope all of you are prepared for an exciting few days filled with innovative ideas, inspiring speakers, and a conference with the sole purpose of igniting your passions! In spirit of this year's national theme, I challenge you to innovate, inspire (and be inspired), and ignite!

Your state officers are committed to supporting and recognizing the exceptional contributions of all our members, advisors, supporters. During this conference, I encourage all of you to reach out to your officers and candidates. We love talking to members and are excited to help you make this the best experience possible!

Through this conference and your events, you will have the opportunity to network with a diverse group of talented peers and leaders, share your HOSA experiences, and shape the future of healthcare itself! Remember, that leadership is a journey, not a destination. Let's grow together!

To all organizers and attendees of the 2016 State Leadership Conference, their families, friends, colleagues, and visitors from home and around the country, have a great day and make the most out of this extraordinary conference!

EVANGELINE MATLEY

STATE PRESIDENT

OREGON HOSA-FUTURE HEALTH PROFESSIONALS

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State Leadership Conference

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2016 CONFERENCE SPONSORS



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State Leadership Conference

HOSA RECOGNITION

2015-2016

**OREGON CAREER &
TECHNICAL STUDENT
ORGANIZATIONS
CHAPTER GRANT
RECIPIENTS**

Center for Advanced Learning
Creswell High School
Glencoe High School
Beaverton Health & Science
Klamath County HOSA
John F. Kennedy High School
Madison High School
Sandy High School
Springfield High School
Tualatin High School

National Health Science Honor Roll Recipients 2016

Kayla Cha, Center for Advanced Learning
Avalon Kelly, Sandy High School
Laura Molina, Center for Advanced Learning
Jessica Nguyen, Center for Advanced Learning
Oleatta Odell, Center for Advanced Learning
Marina Youssef, Center for Advanced Learning

Outstanding Student of the Year

2012-2013 **WILLIAM JAMES** SANDY HIGH SCHOOL
2013-2014 **WILLIAM JAMES** OREGON STATE UNIVERSITY
2014-2015 **TESSA EKSTROM** PORTLAND STATE UNIVERSITY
2015-2016 **EVANGELINE MATLEY** BENSON HIGH SCHOOL

CONGRATULATIONS HONORARY MEMBERSHIP RECIPIENT 2016

**OREGON HOSA BOARD VICE CHAIR
SARA PIMLEY**

SPECIAL THANK YOU

Thank you for making the HOSA State Leadership Conference possible:

Oregon CTE Student Leadership Foundation
Oregon Department of Education
Oregon HOSA Alumni
Oregon HOSA Board of Trustees
National HOSA
Hilton Doubletree Portland
TRI Leadership Resources
Volunteers, Sponsors, and Guests
Judges and Volunteers

DRESS CODE

Students must dress appropriately following school dress code guidelines. Remember, conference delegate attire should be proper and appropriate since it reflects directly upon the State Association and National HOSA.

HOSA Official Uniform OR Professional Attire required for all competitions and workshops, unless otherwise stated in competitive event guidelines. **HOSA Casual** includes longer-length shorts (no short-shorts), neat jeans (no holes showing skin), polo shirts, sweatshirts, HOSA or appropriate T-shirt and causal footwear. HOSA Casual is the attire for the Wednesday Evening Activity – VIBE!

HOSA TRADITIONS

Purpose The purpose of the HOSA organization is to develop leadership and technical HOSA skill competencies through a program of motivation, awareness and recognition, which is an integral part of the Health Science Education instructional program.

Mission The mission of HOSA is to enhance the delivery of compassionate, quality health care by providing opportunities for knowledge, skill and leadership development of all health science education students, therefore, helping the student meet the needs of the health care community.

Goals The goals that HOSA believes are vital to each member are:

- ▽ To promote physical, mental and social well-being.
- ▽ To develop effective leadership qualities and skills.
- ▽ To develop the ability to communicate more effectively with people.
- ▽ To develop character.
- ▽ To develop responsible citizenship traits.
- ▽ To understand the importance of pleasing oneself as well as being of service to others.
- ▽ To build self-confidence and pride in one's work.
- ▽ To make realistic career choices and seek successful employment in the health care field.
- ▽ To develop an understanding of the importance in interacting and cooperating with other students and organizations.
- ▽ To encourage individual and group achievement.
- ▽ To develop an understanding of current health care issues, environmental concerns, and survival needs of the community, the nation and the world.
- ▽ To encourage involvement in local, state and national health care and education projects.
- ▽ To support Health Science Education instructional objectives.
- ▽ To promote career opportunities in health care.

TUESDAY | APRIL 5, 2016

ALL DAY	Conference Headquarters	WASHINGTON
3:00 PM – 4:00 PM	REGISTRATION	DOUBLETREE LOBBY
4:00 PM – 5:00 PM	HOSA ADVISOR MEETING	MT. HELENS
4:30 PM – 6:30 PM	COMPETITIVE EVENTS <i>Specific competition schedules available at oregonhosa.org. Plan to check-in 15 minutes prior to your appointment time.</i>	
	Creative Problem Solving	LINCOLN
	Dental Science	ADAMS
	Interviewing Skills	LINCOLN
	Job Seeking Skills	LINCOLN
	Prepared Speaking	ROOSEVELT
6:00 PM	Doors Open for Opening Session	CASCADE BALLROOM
6:30 PM – 8:30 PM	JOINT OPENING SESSION State Officer Program Entertainment: Leadership can be..Hypnolarious! <i>Presented by Patrick Grady, TEAMTRI</i>	CASCADE BALLROOM
8:30 PM – 10:00 PM	HOSA SESSION Candidate Speeches Competitive Event Orientation	CASCADE BALLROOM
11:00 PM	Curfew	

WEDNESDAY | APRIL 6, 2016

ALL DAY	Conference Headquarters	WASHINGTON
7:30 AM – 8:00 AM	Judges Orientation	OREGON
8:00 AM – 2:00 PM	EXHIBITORS	FOYER (NEAR SELLWOOD/MORRISON)
8:00 AM – 3:30 PM	COMPETITIVE EVENTS <i>Specific competition schedules available at oregonhosa.org. Plan to check-in 15 minutes prior to your appointment time.</i>	
	Biomedical Laboratory Science	MORRISON
	CPR / First Aid	ROOSEVELT
	CSS Certification	IDAHO
	Extemporaneous Health Poster	IDAHO
	Extemporaneous Writing	IDAHO
	Forensic Medicine	LINCOLN
	Health Career Display	MT. BACHELOR

CONFERENCE SCHEDULE

8:00 AM – 3:30 PM	COMPETITIVE EVENTS CONTINUED	
	HOSA Bowl (Open to Public)	MT. HELENS
	Medical Assisting	MORRISON
	Medical Photography	Mt. BACHELOR
	Muscle ID	IDAHO
	Nursing Assisting	SELLWOOD
	Skeletal ID	IDAHO
	Sports Medicine	ALASKA
9:00 AM – 3:00 PM	WORKSHOPS & HEALTH DEMONSTRATIONS	
9:00 AM – 9:50 AM	The Miracle of Blood	THREE SISTERS
9:00 AM – 9:50 AM	Capsules of Color	MT. HOOD
10:00 AM – 10:50 AM	Capsules of Color	MT. HOOD
11:00 AM – 11:50 AM	Learn Biomedical Science with PLTW	MT. HOOD
1:00 PM – 1:50 PM	Today Is A Great Day #TIAGD	THREE SISTERS
1:00 PM – 1:50 PM	Muscles & Motion	MT. HOOD
2:00 PM – 2:50 PM	You Don't Know What You Don't Know	THREE SISTERS
2:00 PM – 2:50 PM	Muscles and Motion	MT. HOOD
12:00 PM – 12:30 PM	Judges Orientation	OREGON
12:00 PM – 1:30 PM	HOSA Industry and Friends Reception <i>By invitation only.</i>	OREGON
12:00 PM	LUNCH ON YOUR OWN	
12:00 PM – 6:00 PM	BLOODWORKS BUS – DONATE BLOOD!	OUTSIDE HOTEL
2:00 PM – 3:30 PM	HOSA SHOWCASE <i>All are welcome! Whether you are showcasing your competition or viewing other displays, stop by the showcase!</i>	MT. BACHELOR
3:00 PM – 4:00 PM	HOSA BUSINESS MEETING <i>Voting, 2 representatives per chapter</i>	MT. HELENS
4:30 PM – 7:30 PM	DINNER ON YOUR OWN / WITH YOUR CHAPTER	
7:30 PM – 9:30 PM	VIBE! Evening Leadership Activity <i>HOSA Casual Attire</i>	OREGON
10:30 PM	Curfew	

THURSDAY | APRIL 7, 2016

8:30 AM – 11:30 AM	COMPETITIVE EVENTS	CASCADE BALLROOM
	<i>These competitions are open for public viewing. All attendees are encouraged to attend. Learn about HOSA, cheer for your chapter, and get a chance to participate in HOSA TRIVIA and WIN PRIZES!</i>	
	Medical Spelling	
	HOSA Bowl Semi-Finals, Consolation & Finals	
11:30 AM – 1:00 PM	HOSA AWARDS SESSION	CASCADE BALLROOM

LEADERSHIP CAN BE...HYPNOLARIOUS!

Get ready for Patrick's hilariously funny, hypnosis stage show. Imagine the entertainment and laughter provided with a world-class hypnosis presentation. Participants will travel on a unique, adventurous journey through the realms of their imagination, and leave with an unforgettable and entertaining experience for all. Patrick will educate attendees about the power of the human mind and how and why hypnosis works. It's bound to keep everyone captivated, amazed and thrilled as volunteers are quickly hypnotized and then put into hilarious situations where they are extraordinarily creative, animated and just plain hysterical.

***Featured activity at the HOSA National Leadership
Conference 2014***

JOIN US TUESDAY EVENING @ OPENING SESSION!



**PRESENTED BY
PATRICK
GRADY
TEAMTRI**

EXHIBITORS

This is your opportunity to learn, network, and explore! Visit our exhibitors who are here at this conference to meet YOU. Exhibits are located in the Foyer near the Sellwood and Morrison rooms from 8:00 a.m. – 2:00 p.m.

- American Red Cross
- Bloodworks Northwest
- Kaiser Permanente Northwest
- Oregon Nurses Association
- Pacific University
- Project Lead the Way

BLOODWORKS BUS DONATE BLOOD!

Donate blood and/or take a tour of the Bloodworks Bus! This is your opportunity to learn about lifesaving blood at this interactive conference feature. The bus is located outside of the hotel from 12:00 noon to 6:00 p.m.



WORKSHOPS & DEMONSTRATIONS

The Miracle of Blood *Presented by Nurse Merrie, Regional Collections Nurse Educator, Bloodworks*
Learn from an expert a blood collection educator! Nurse Merrie will provide an interactive health demonstration on behalf of Bloodworks Northwest and will address functions of blood, blood disorders, and the donation process. **9:00 a.m. in Three Sisters**

Capsules of Color

Presented by Jeff Fortner, PharmD, Associate Professor, Pacific University School of Pharmacy
During this session we will briefly discuss the careers of Pharmacist and Physician Assistant, answer questions you may have, then spend the majority of our time in a hands-on pharmacy activity. We'll be compounding capsules using powders and food coloring and you get to keep them when you're done! **9:00 a.m. & 10:00 a.m. in Mt. Hood (Limit of 30 participants each session)**

Learn Biomedical Sciences with Project Lead the Way (PLTW)

Presented by Carlie Harris, Beaverton Health and Science School HOSA Advisor
HOSA advisors and students! Learn about biomedical science and the PLTW curriculum. PLTW HOSA students will demonstrate exciting hands-on biomedical sciences projects and activities. **11:00 a.m. in Mt. Hood**

Today Is A Great Day #TIAGD *Presented by Curtis Haley, TEAMTRI*

You spilled coffee on your shirt. You woke up late. You left your clothes in the dryer too long. Looks like it's going to be a rough day, right? Only if you let it be! In this session, you'll learn about the power of a positive attitude, and how you can apply your outlook to positively impact the world around you. **1:00 p.m. in Three Sisters**

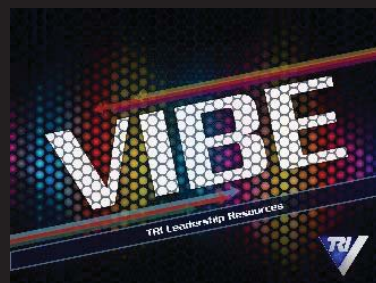
You Don't Know What You Don't Know *Presented by Curtis Haley, TEAMTRI*

How long will a Twinkie last? More importantly, how do you KNOW how long a Twinkie lasts? In this session, we'll tackle some big questions, and teach you how to navigate a world with unlimited information with critical thinking skills that will help you make the right decisions! **2:00 p.m. in Three Sisters**

Muscles & Motion *Presented by Jennifer Van Atta, MS, PA-C, Pacific University School*

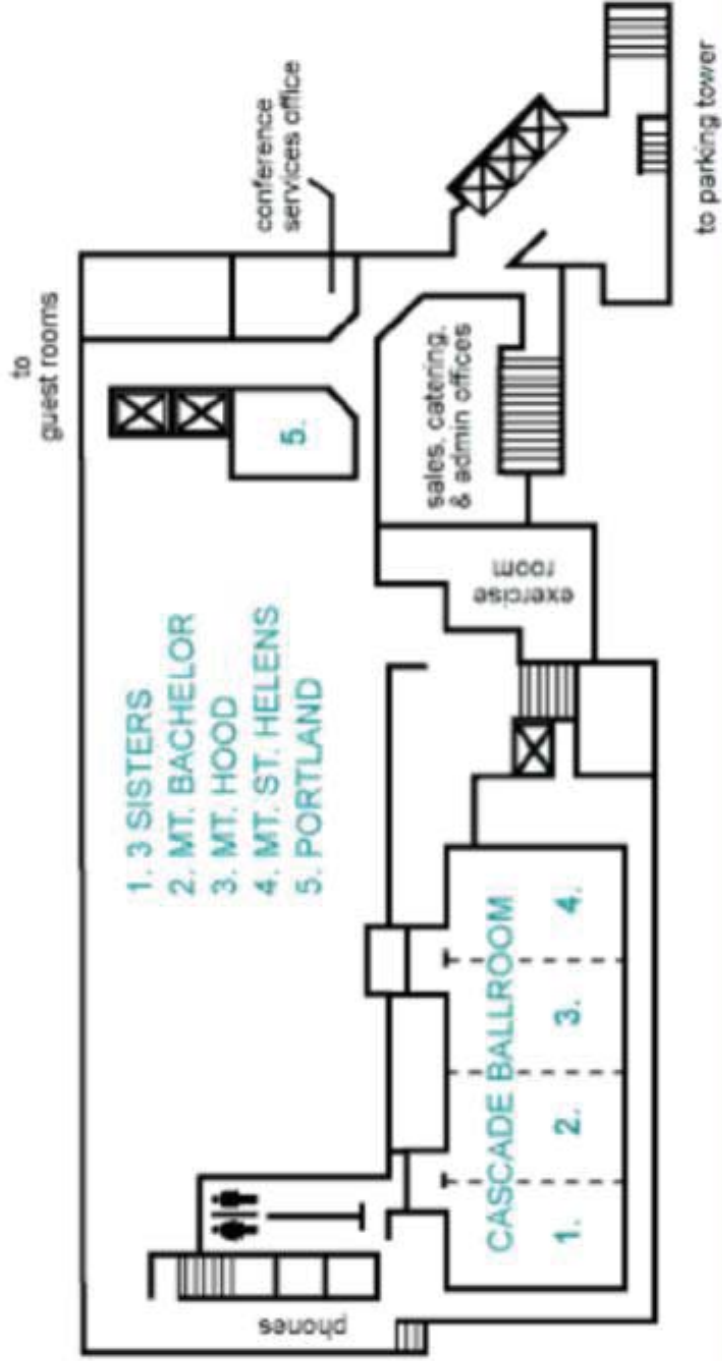
During this session we will briefly discuss the careers of Physician Assistant and Pharmacist, answer questions you may have, then use a game to learn to test the motion and strength of the all major muscles in our bodies! **1:00 p.m. & 2:00 p.m. in Mt. Hood (Limit of 30 participants each session)**

Show off your dance skills, test your trivia knowledge, let the competitive flag fly AND meet awesome people at the next greatest thing in Leadership: VIBE. At VIBE, you have the opportunity to experience all of your favorite leadership activity elements in one room. The room has an energetic atmosphere of fun, excitement, competitiveness and comradery. Ranging from the latest dance crazes to trivia to team building stations to winning prizes, there is truly something for everyone. This is a great way to have some fun after a day of competitions...bring your excitement and energy to VIBE!

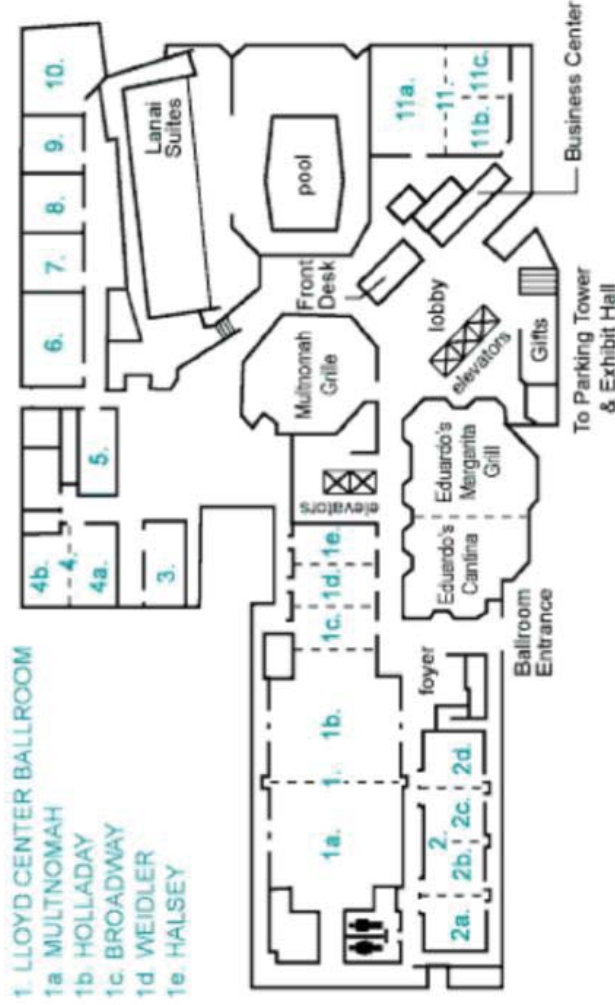


JOIN US WEDNESDAY EVENING FROM 7:30 – 9:30 PM IN THE OREGON ROOM

DOUBLETREE HOTEL & EXECUTIVE MEETING CENTER PORTLAND-LLOYD CENTER - SECOND LEVEL



DOUBLETREE HOTEL & EXECUTIVE MEETING CENTER PORTLAND-LLOYD CENTER - FIRST LEVEL



- 1. LLOYD CENTER BALLROOM
- 1a. MULTNOMAH
- 1b. HOLLADAY
- 1c. BROADWAY
- 1d. WEIDLER
- 1e. HALSEY

- 2. WILLAMETTE BALLROOM
- 2a. ADAMS
- 2b. JEFFERSON
- 2c. HAMILTON
- 2d. ROOSEVELT
- 3. WASHINGTON
- 4. ADAMS/JEFFERSON
- 5. HAWTHORNE
- 6. SELWOOD
- 7. ROSS ISLAND
- 8. MORRISON
- 9. GRANT

- 10. JACKSON
- 11. PACIFIC NORTHWEST BALLROOM
- 11a. OREGON
- 11b. ALASKA
- 11c. IDAHO

HOSA COMPETITIVE EVENTS

CATEGORY I: HEALTH SCIENCE EVENTS

Dental Terminology
Medical Law & Ethics
Human Growth & Development
Nutrition
Pathophysiology
Pharmacology
Transcultural Health Care
Medical Spelling
Medical Terminology
Medical Math

CATEGORY II: HEALTH PROFESSION EVENTS

Biomedical Laboratory Science
Dental Science
Medical Assisting
Nursing Assisting
Personal Care
Sports Medicine

CATEGORY III: EMERGENCY PREPAREDNESS EVENTS

CPR/First Aid
Life Support Skills
MRC Partnership

CATEGORY IV: LEADERSHIP EVENTS

Extemporaneous Health Poster
Medical Photography
Interviewing Skills
Extemporaneous Writing
Job Seeking Skills
Prepared Speaking
Speaking Skills

CATEGORY V: TEAMWORK EVENTS

Creative Problem Solving
HOSA Bowl
Health Career Display
Forensic Medicine

CATEGORY VI: RECOGNITION EVENTS

Barbara James Service Award
HOSA Chapter Reflection
Health Care Issues Exam
HOSA Happenings
National Service Project
MRC Volunteer Recognition

OREGON HOSA EVENTS

Skeletal ID
Muscle ID
National Health Science Honor Roll

OREGON HOSA CHAPTERS

Beaverton Health & Science School
Beaverton-Westview HOSA
Benson Polytechnic High School
Center for Advanced Learning
Creswell High School
David Douglas High School
Glencoe High School

Kennedy High School
Klamath County HOSA
Madison High School
Sandy High School
Springfield High School
Tillamook Health Services
Tualatin High School
Willamette High School

HOSA 39th Annual International Leadership Conference



Don't miss out on the opportunity to compete and network with HOSA's top members...join us in NASHVILLE, TENNESSEE for the International Leadership Conference!



JUNE 21 – 26, 2016

Learn more at www.oregonhosa.org/ILC

State Leadership Conference