

hosa
OREGON

future
health
professionals

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TESSA EKSTROM
State President
PORTLAND STATE UNIVERSITY



EVANGELINE MATLEY
President-Elect
BENSON POLYTECHNIC HIGH SCHOOL



STATE OFFICERS 2014-2015

Congratulations HONORARY MEMBERSHIP RECIPIENT 2015

**OREGON HOSA BOARD CHAIR
FELIPE LEON**



WELCOME OREGON HOSA

Greeting HOSA members, advisors, and guests,

I'm excited to see you all at the 2015 Oregon HOSA State Leadership Conference. This year we are excited to have doubled conference attendance with over 200 HOSA members registered for the conference! I hope all of you are prepared for an exciting few days filled with competition, networking, bowling, and much, much more.

This year's national HOSA theme is Lead, and I encourage all of you to become leaders in your competitions, and to take the lead and engage members from other chapter in conversation—you could make a new friend!

Don't be afraid to talk to your Oregon HOSA state officers throughout the conference. We are here to help make this the best experience possible for you and love talking to our Oregon HOSA members. Also, ask us about coming to visit your chapter!

Good luck in your competitions! 1st, 2nd, and 3rd place winners will have the opportunity to compete at the National Leadership Conference, which takes place June 23rd-28th in Anaheim, California.

TESSA EKSTROM

STATE PRESIDENT

OREGON HOSA—FUTURE HEALTH PROFESSIONALS

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#HOSA

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THANK YOU SPONSORS & PARTNERS



HOSA RECOGNITION

OREGON CAREER & TECHNICAL EDUCATION STUDENT LEADERSHIP FOUNDATION



2014-2015 CHAPTER GRANT RECIPIENTS

- Benson High School
- Clatskanie Middle High School
- Cottage Grove High School
- Creswell High School
- Crow Middle/High School
- Health and Science School (HS2)
- John F. Kennedy High School
- Sandy High School
- Tualatin High School
- Willamette High School

National Health Science Honor Roll Recipients 2015

- Allen Alyssa, Center for Advanced Learning
- Kim Dang, Benson Polytechnic High School
- Amarti Gerba, Center for Advanced Learning
- Jessica Nguyen, Center for Advanced Learning
- Kylee Schickling, Creswell High School
- Marina Youssef, Center for Advanced Learning

Outstanding Student of the Year

- 2012-2013 **WILLIAM JAMES** SANDY HIGH SCHOOL
- 2013-2014 **WILLIAM JAMES** OREGON STATE UNIVERSITY
- 2014-2015 **TESSA EKSTROM** PORTLAND STATE UNIVERSITY



CONFERENCE SCHEDULE

THURSDAY | APRIL 16, 2015

ALL DAY	Conference Headquarters	WASHINGTON
3:00 PM – 5:00 PM	REGISTRATION	DOUBLETREE LOBBY
4:00 PM – 5:00 PM	HOSA ADVISOR MEETING	ADAMS
4:30 PM – 6:30 PM	COMPETITIVE EVENTS <i>Specific competition schedules available at oregonhosa.org/SLC. Plan to check into your competition 15 minutes prior to your appointment time.</i>	
	Interviewing Skills	JACKSON
	Job Seeking Skills	JACKSON
	Prepared Speaking	ROOSEVELT
5:00 PM – 6:00 PM	Candidate Orientation & Interviews	THREE SISTERS
6:00 PM	Doors Open for Opening Session	PNW BALLROOM
6:30 PM – 8:00 PM	JOINT OPENING SESSION	PNW BALLROOM
8:30 PM – 10:00 PM	HOSA SESSION Candidate Speeches Competitive Event Orientation	PNW BALLROOM
11:30 PM	Curfew	

FRIDAY | APRIL 17, 2015

ALL DAY	Conference Headquarters	WASHINGTON
7:30 AM – 8:00 AM	Judges Orientation	OREGON
	WORKSHOP SESSIONS <i>Presented by Curtis Haley, TRI Leadership Resources</i>	
10:00 AM – 10:30 AM	Dictators and Ultimatums	THREE SISTERS
10:30 AM – 11:00 AM	You Don't Know What You Don't Know	THREE SISTERS
11:00 AM – 11:30 AM	Shhhhh.	THREE SISTERS
11:30 AM – 12:00 PM	Dictators and Ultimatums	THREE SISTERS
1:00 PM – 1:30 PM	You Don't Know What You Don't Know	THREE SISTERS
1:30 PM – 2:00 PM	Shhhhh.	THREE SISTERS

FRIDAY | APRIL 17, 2015

8:30 AM – 5:00 PM

COMPETITIVE EVENTS

Specific competition schedules available at oregonhosa.org/SLC. Plan to check into your competition 15 minutes prior to your appointment time.

Biomedical Laboratory Science	LINCOLN
CPR / First Aid	ALASKA
Creative Problem Solving	MORRISON
CSS Certification	MORRISON
Dental Science	JACKSON
Extemporaneous Health Poster	MORRISON
Extemporaneous Writing	MORRISON
Forensic Medicine	JACKSON
Health Career Display	MT. BACHELOR
HOSA Bowl	MT. HOOD
Medical Assisting	IDAHO
Medical Spelling	MT. HOOD
Muscle ID	MORRISON
Nursing Assisting	SELLWOOD
Skeletal ID	MORRISON
Sports Medicine	IDAHO

12:00 PM – 12:30 PM

Judges Orientation

OREGON

12:00 PM

LUNCH ON YOUR OWN

2:00 PM – 3:00 PM

HOSA/FCCLA SHOWCASE

MT. BACHELOR

All are welcome! Whether you are showcasing your competition or viewing other displays, everyone is welcome to the showcase.

3:00 PM – 4:00 PM

HOSA BUSINESS MEETING

OREGON

Voting, 2 representatives per chapter

4:30 PM – 8:00 PM

Dinner on your own

8:30 PM

ARRIVE AT BOWLING ALLEY AND GET READY FOR CHECK IN

9:30 PM – 11:00 PM

BOWLING NIGHT!

SATURDAY | APRIL 18, 2015

9:30 AM – 11:30 AM

Exhibits/Demonstrations

MT. BACHELOR

11:30 AM – 1:00 PM

HOSA AWARDS SESSION

MT. BACHELOR

HOSA & FCCLA BOWLING NIGHT!

Join the fun Friday evening from 8:30 to 11 p.m. at the AMF Bowling Lanes, 3031 SE Powell Blvd, Portland.

TRIMET PUBLIC TRANSPORTATION | DIRECTIONS TO AMF BOWLING LANES

Take 2 buses, the 70 (to Milwaukie City Center) and the 9 (to Powell & 98th or Gresham Transit Center). This is the fastest route via public transportation and will take about 45 minutes. The buses run about every 20 minutes.

- Start: DoubleTree by Hilton Portland Walk about 0.1 mi to NE Holladay & 11th
- Board Bus 70 towards Milwaukie via 13th & Tacoma
- Depart Bus at SE Powell & Milwaukie
- Walk about 1 min to SE Powell & Milwaukie
- Board Bus 9 towards Gresham TC
- Depart Bus at SE Powell & 31st
- Walk about 1 min to AMF Pro 300 Lanes

There is a free TriMet app available for download on any smart phone. Purchase your fare using a credit or debit card right on your phone! You just show the driver the redeemed fare on your phone as you get on the bus.

ADVISERS/CHAPERONES: Please travel with your students and use caution when traveling about the city. We want everyone to be safe and have FUN!

Attire: HOSA Conference T-shirt, appropriate casual bottoms...and socks!

DRESS CODE

Students must dress appropriately following school dress code guidelines. Remember, conference delegate attire should be proper and appropriate since it reflects directly upon the State Association and National HOSA.

HOSA Official Uniform OR Professional Attire required for all competitions and workshops, unless otherwise stated in competitive event guidelines. **HOSA Casual** includes longer-length shorts (no short-shorts), neat jeans (no holes showing skin), polo shirts, sweatshirts, HOSA or appropriate T-shirt and causal footwear.

KEYNOTE SPEAKER

He has been a president, he has worked for THE President, and now Curtis Haley speaks to audiences around the country about the leadership lessons he has gained from those experiences. Curtis' presentations harness the power of two important qualities: ENERGY and EMPATHY. An entertaining, passionate speaker, Curtis focuses his message around themes of honesty, sincerity, and creating more meaningful relationships with the surrounding world.



HOSA TRADITIONS

Purpose The purpose of the HOSA organization is to develop leadership and technical HOSA skill competencies through a program of motivation, awareness and recognition, which is an integral part of the Health Science Education instructional program.

Mission The mission of HOSA is to enhance the delivery of compassionate, quality health care by providing opportunities for knowledge, skill and leadership development of all health science education students, therefore, helping the student meet the needs of the health care community.

Goals The goals that HOSA believes are vital to each member are:

- ▽ To promote physical, mental and social well-being.
- ▽ To develop effective leadership qualities and skills.
- ▽ To develop the ability to communicate more effectively with people.
- ▽ To develop character.
- ▽ To develop responsible citizenship traits.
- ▽ To understand the importance of pleasing oneself as well as being of service to others.
- ▽ To build self-confidence and pride in one's work.
- ▽ To make realistic career choices and seek successful employment in the health care field.
- ▽ To develop an understanding of the importance in interacting and cooperating with other students and organizations.
- ▽ To encourage individual and group achievement.
- ▽ To develop an understanding of current health care issues, environmental concerns, and survival needs of the community, the nation and the world.
- ▽ To encourage involvement in local, state and national health care and education projects.
- ▽ To support Health Science Education instructional objectives.
- ▽ To promote career opportunities in health care.

SPECIAL THANK YOU

Thank you for making the 2015 HOSA State Leadership Conference possible:

Oregon CTE Student Leadership
Foundation
Oregon Department of Education
Oregon HOSA Alumni
Oregon HOSA Board of Trustees

National HOSA
TRI Leadership Resources
Volunteers, Sponsors, and Guests
Competitive Event Judges and Volunteers

And all members, advisors, and supporters of the 2014-2015 Oregon HOSA chapters:

Beaverton Health & Science School
Beaverton-Westview HOSA
Benson Polytechnic High School
Center for Advanced Learning
Clatskanie Middle High School
Cottage Grove High School
Creswell High School
Crow High School
David Douglas High School

Hood River Valley High School
Kennedy High School
Klamath County HOSA
Madison High School
Pleasant Hill High School
Sandy High School
Springfield High School
Tualatin High School
Willamette High School



HOSA 38th National Leadership Conference

Don't miss out on the opportunity to compete and network with HOSA's top members...join us at DISNEYLAND in ANAHEIM, CA for the National Leadership Conference!

June 23 – 28, 2015 | Hilton Anaheim



Oregon HOSA Competitive Events

CATEGORY I: HEALTH SCIENCE EVENTS

Dental Terminology
Medical Law & Ethics
Human Growth & Development
Nutrition
Pathophysiology
Pharmacology
Transcultural Health Care
Medical Spelling
Medical Terminology
Medical Math

CATEGORY II: HEALTH PROFESSION EVENTS

Biomedical Laboratory Science
Dental Science
Medical Assisting
Nursing Assisting
Personal Care
Sports Medicine

CATEGORY III: EMERGENCY

PREPAREDNESS EVENTS
CPR/First Aid
Life Support Skills
MRC Partnership

CATEGORY IV: LEADERSHIP EVENTS

Extemporaneous Health Poster
Medical Photography
Interviewing Skills
Extemporaneous Writing
Job Seeking Skills
Prepared Speaking
Speaking Skills

CATEGORY V: TEAMWORK EVENTS

Creative Problem Solving
HOSA Bowl
Health Career Display
Forensic Medicine

CATEGORY VI: RECOGNITION EVENTS

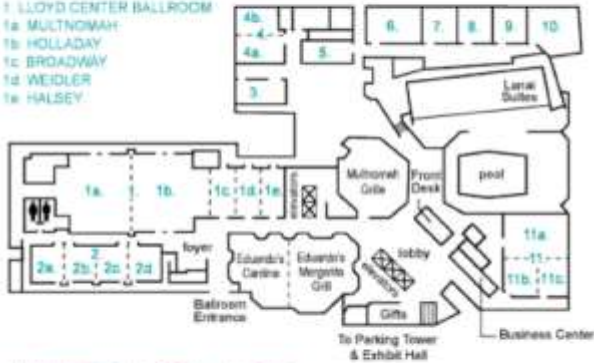
Barbara James Service Award
Outstanding HOSA Chapter
Health Care Issues Exam
HOSA Happenings
National Service Project
MRC Volunteer Recognition

OREGON HOSA EVENTS

Skeletal ID
Muscle ID
National Health Science Honor Roll

**DOUBLETREE HOTEL & EXECUTIVE MEETING CENTER
PORTLAND-LLOYD CENTER - FIRST LEVEL**

- 1 LLOYD CENTER BALLROOM
1a MULTNOMAH
1b HOLLADAY
1c BROADWAY
1d WEIDLER
1e HALSEY



- 2 WILLAMETTE BALLROOM
2a HAWTHORNE
2b SELLWOOD
2c ROSS ISLAND
2d MORRISON
2e WASHINGTON
2f ADAMS/JEFFERSON
4a ADAMS
4b JEFFERSON
5 HAMILTON
5 ROOSEVELT
7 MADISON
8 LINCOLN
9 GRANT
10 JACKSON
11 PACIFIC NORTHWEST BALLROOM
11a OREGON
11b ALASKA
11c IDAHO

**DOUBLETREE HOTEL & EXECUTIVE MEETING CENTER
PORTLAND-LLOYD CENTER - SECOND LEVEL**

1. 3 SISTERS
2. MT. BACHELOR
3. MT. HOOD
4. MT. ST. HELENS
5. PORTLAND

